



# CANS and PSC: Clinical Utility of the CYF mHOMS Reports



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January 2019





## CYF mHOMS REPORTS

### **Child and Adolescent Needs and Strengths (CANS) Assessment Reports:**

1. Individual Progress Report
2. Average Impact Progress Report
3. Key Interventions Report
4. Strengths Over Time Report
5. Caseload Progress Report
6. Clinician Support Intensity

### **Pediatric Symptom Checklist (PSC) Reports:**

1. Individual – Caregiver Report (PSC-Parent)
2. Individual – Client Report (PSC-Youth)
3. Aggregated Program-Level Reports

## CANS BACKGROUND

The CANS reports were modeled after the reports required by the CANS developers (Praed Foundation).

## PSC BACKGROUND

The PSC reports were developed by CASRC to provide a brief snapshot of the families' perspective of their child's progress.



# CANS REPORTS

# GENERAL NOTES FOR READING CANS GRAPHS



LIVE WELL  
SAN DIEGO

- The **black bar** always represents initial assessment.
- All graphs with two timepoints are based on matched data. Clients need two timepoints of data to be included in the report.
- Completed data from the CANS is required to be submitted into CYF mHOMS in order for reports to be generated.
  - No items can be missing, unless the **NO CAREGIVER** box is checked.
  - If the **NO CAREGIVER** box is checked, items on the caregiver module can be missing.
- Graphs will not match QSR reporting.
  - To maximize the flexibility and clinical utility of the graphs you can generate graphs mid-treatment to review with clients. Further, some reports only include active clients.
  - QSRs include only discharged clients.
- Some graphs have multiple pages and you must click the next arrow to get to the next page.
- All graphs can be printed or exported.

# 1. INDIVIDUAL PROGRESS REPORT – CANS



## Individual Collaborative Formulation Progress Report: 0000000

**Unit:** 9999

**Subunit:** 5555

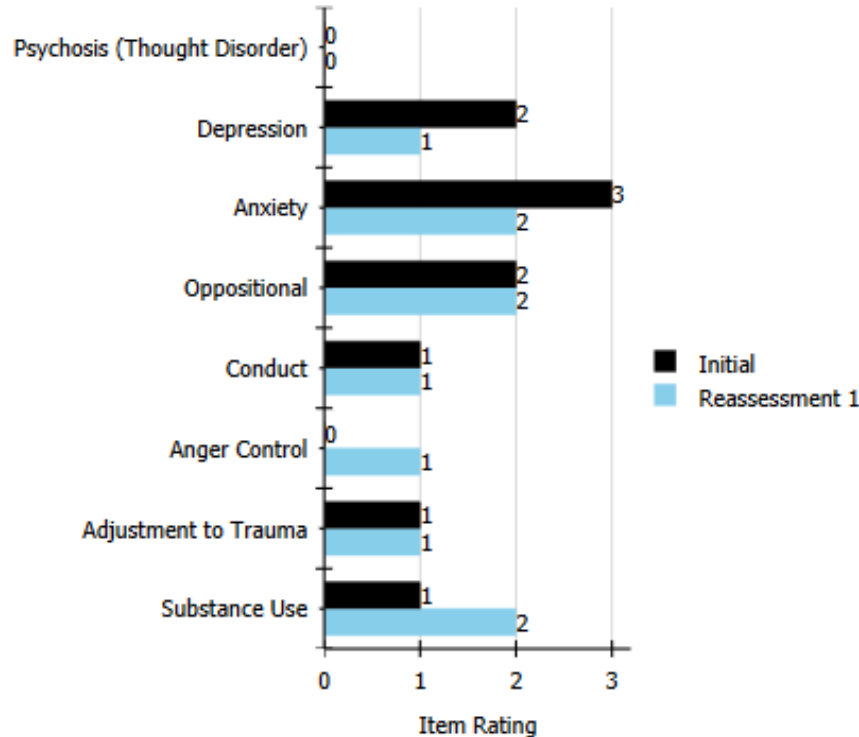
**Assessment Time-point 1 Start Date:** 1/1/2018

**Assessment Time-point 1 End Date:** 8/10/2018

**Time-point 1:** Initial

**Time-point 2:** Reassessment 1

### Domain: Child Behavioral/Emotional Needs



#### RATING NOTE:

0 = No evidence

1 = History or suspicion

2 = Interferes with functioning; action needed

3 = Disabling, dangerous, immediate or intensive action needed

## REPORT USAGE

- Bar chart shows a client's item ratings on each CANS domain over time, enabling clinicians to quickly assess client progress and review with the family.
- Report will list all core domains and each supplemental domain (e.g., Juvenile Justice domain triggered by "Delinquent Behavior" item).

# 1. INDIVIDUAL PROGRESS REPORT – CANS



## Individual Collaborative Formulation Progress Report: 0000000

**Unit:** 9999

**Subunit:** 5555

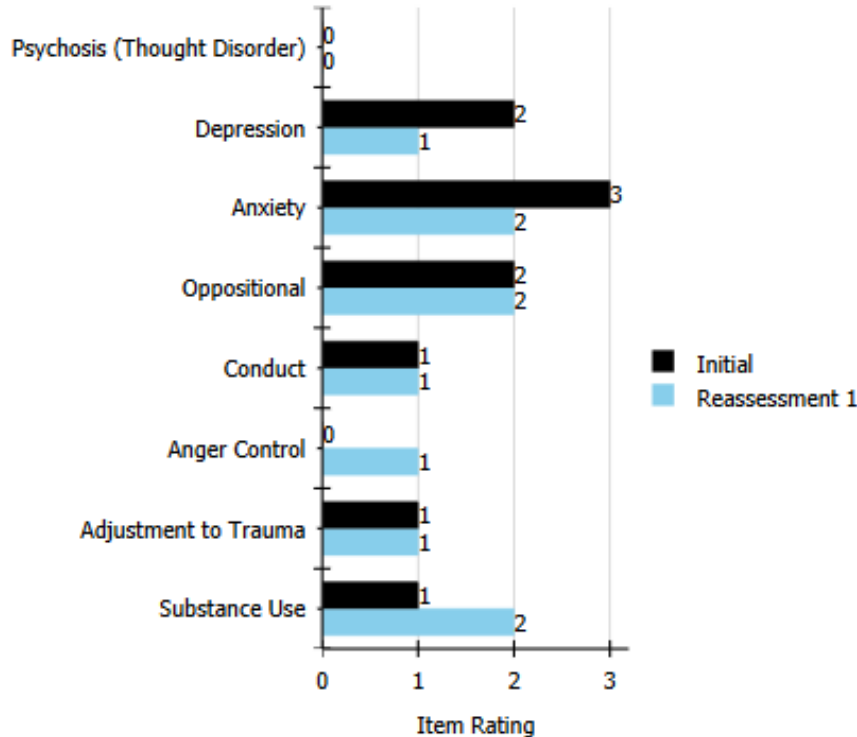
**Assessment Time-point 1 Start Date:** 1/1/2018

**Assessment Time-point 1 End Date:** 8/10/2018

**Time-point 1:** Initial

**Time-point 2:** Reassessment 1

### Domain: Child Behavioral/Emotional Needs



#### RATING NOTE:

0 = No evidence

1 = History or suspicion

2 = Interferes with functioning; action needed

3 = Disabling, dangerous, immediate or intensive action needed

## INTERPRETATION

- For this particular client, between the initial assessment and the first reassessment the clinician indicated the following:
  - Depression and anxiety ratings decreased.
  - Oppositional, conduct, and adjustment to trauma ratings stayed the same.
  - Anger control and substance use ratings increased.

## 2. AVERAGE IMPACT REPORT – CANS



### Average Impact Report

**Unit:** 9999

**Subunit:** 5555

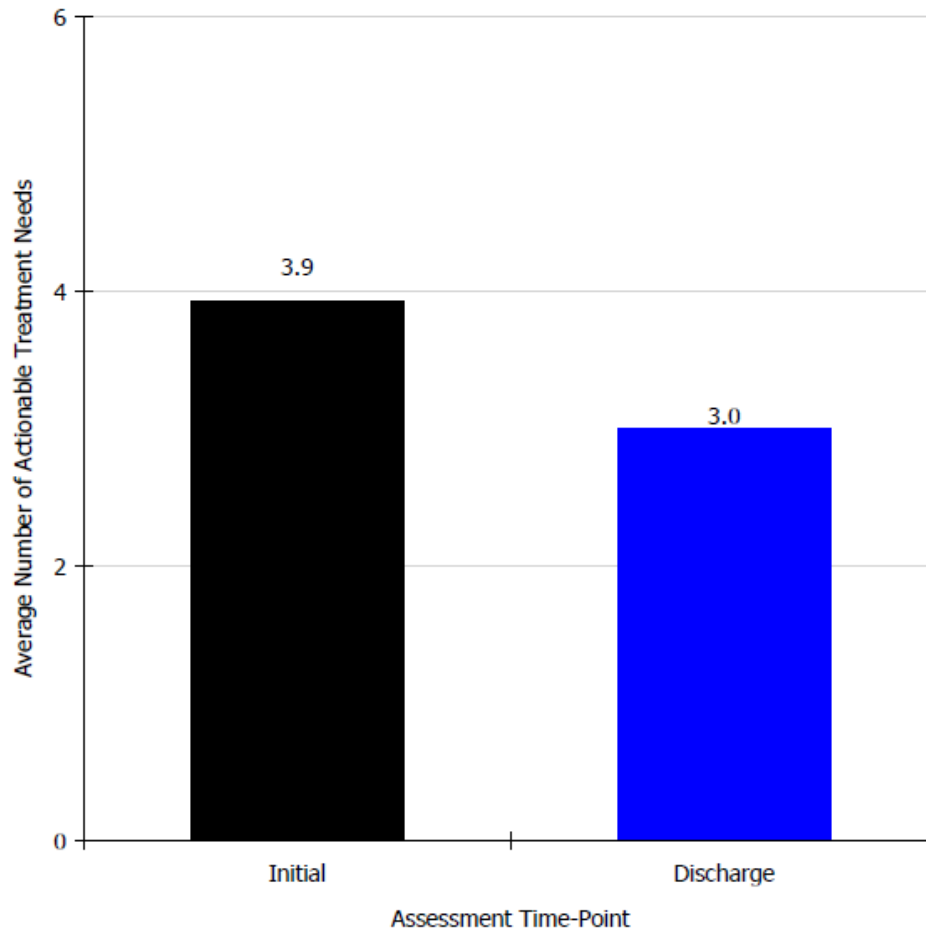
**Assessment Time-point 1 Start Date:** 7/1/2018

**Assessment Time-point 1 End Date:** 12/31/2018

**Time-point 1:** Initial

**Time-point 2:** Discharge

#### Average Impact Report\* (n = 17)



### REPORT USAGE

- Bar chart shows the change in a program's average number of actionable needs (rating of '2' or '3') across the Behavioral & Emotional Needs, Risk Behaviors, and Life Functioning domains at Initial Assessment and Discharge.
- Program Managers can view service effectiveness within a program quickly.
- Are clients' needs decreasing by the discharge date, and by how much?

## 2. AVERAGE IMPACT REPORT – CANS



### Average Impact Report

**Unit:** 9999

**Subunit:** 5555

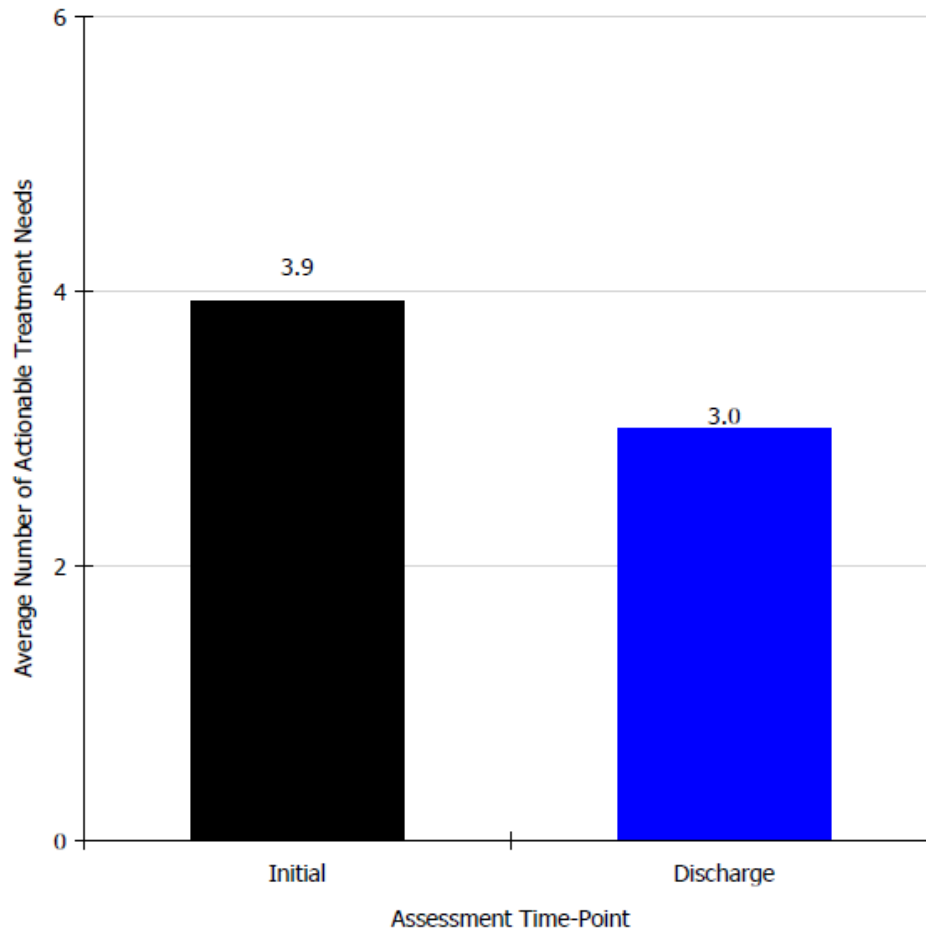
**Assessment Time-point 1 Start Date:** 7/1/2018

**Assessment Time-point 1 End Date:** 12/31/2018

**Time-point 1:** Initial

**Time-point 2:** Discharge

#### Average Impact Report\* (n = 17)

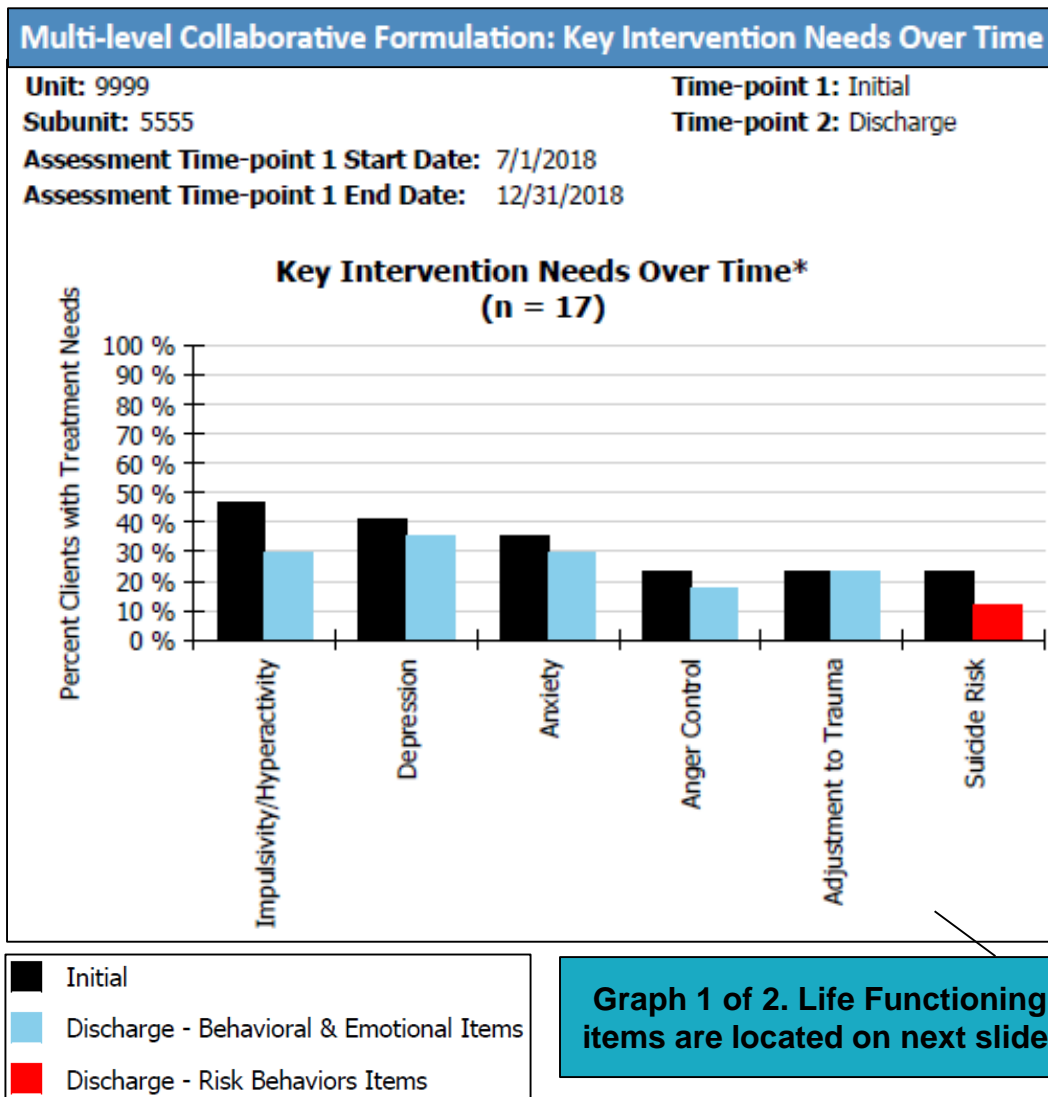


### INTERPRETATION

- N indicates the total number of clients included in the report (n=17).
- For all clients who received an initial assessment between July 1st and December 31st, 2018 there were an average of 3.9 needs at the initial assessment and 3.0 needs at discharge.



### 3. KEY INTERVENTIONS NEEDS REPORT – CANS (PG. 1)



**Graph 1 of 2. Life Functioning items are located on next slide.**

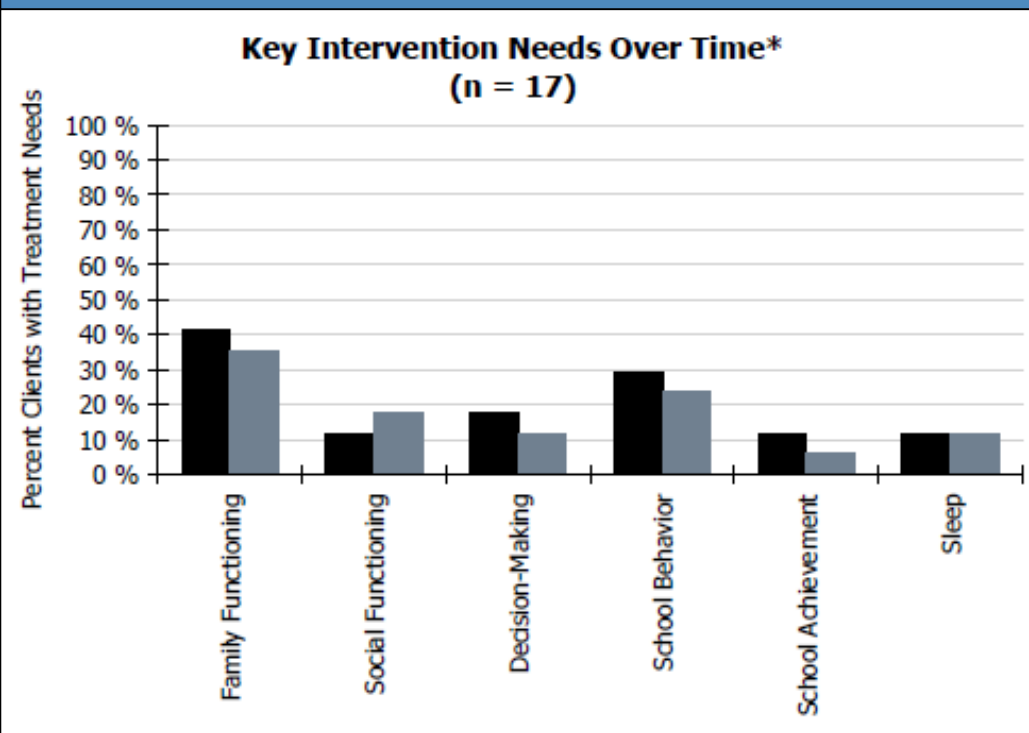
#### REPORT USAGE

- Assesses a program's progress over time on the **most frequently endorsed** 'Need' items across the Behavioral & Emotional, Risk Behaviors, and Life Functioning (*see next slide*) domains.
- Allows program managers to evaluate the following:
  - What are the most common needs across all youth in my program?
  - How are we doing addressing these needs in treatment?

### 3. KEY INTERVENTIONS NEED REPORT– CANS (PG. 2)



#### Multi-level Collaborative Formulation: Key Intervention Needs Over Time



■ Initial  
■ Discharge - Life Functioning Items

**Graph 2 of 2. Additional items are located on previous slide.**

#### INTERPRETATION

- From the initial assessment to discharge, for this program:
  - There was a reduction in clients who had an actionable need in family functioning, decision-making, school behavior, and school achievement.
  - There was an increase in clients who had an actionable need on social functioning.

## 4. STRENGTH DEVELOPMENT OVER TIME REPORT – CANS



### Multi-level Collaborative Formulation: Strength Development Over Time Report

Unit: 9999

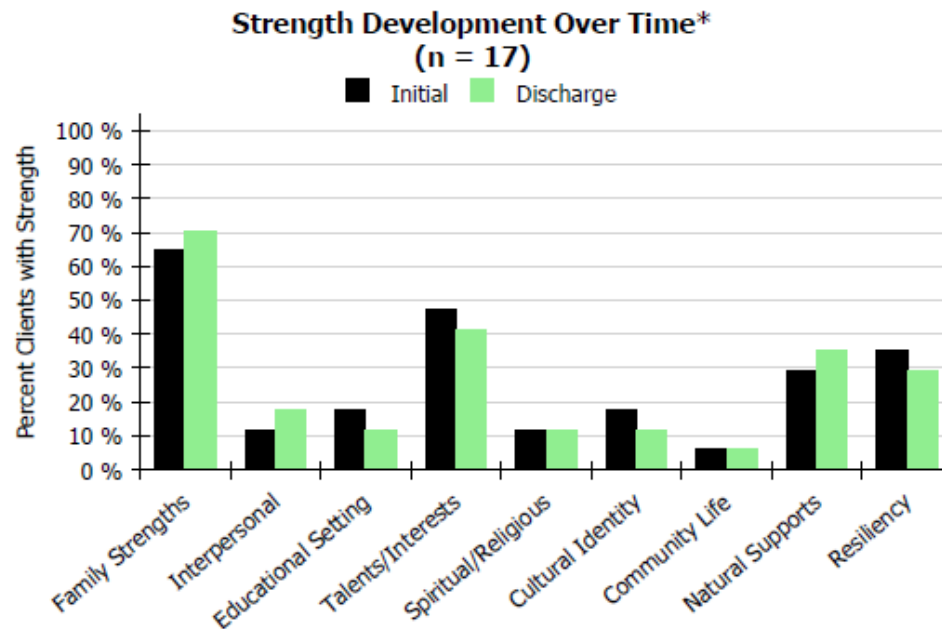
Subunit: 5555

Assessment Time-point 1 Start Date: 7/1/2018

Assessment Time-point 1 End Date: 12/31/2018

Time-point 1: Initial

Time-point 2: Discharge



\* This graphic shows the percentage of clients with a strength ('0' or '1') at Initial and Discharge.

Selection criteria: Clients who completed both a Time-point 1 assessment within the selected time range as well as a Time-point 2 assessment.

### REPORT USAGE

- Shows percentage of clients at a program who have a documented strength on the initial assessment, and the percentage with a strength on the same item at a second timepoint.
- Program managers can assess how effectively their program is developing clients' strengths.

## 4. STRENGTH DEVELOPMENT OVER TIME REPORT – CANS



### Multi-level Collaborative Formulation: Strength Development Over Time Report

Unit: 9999

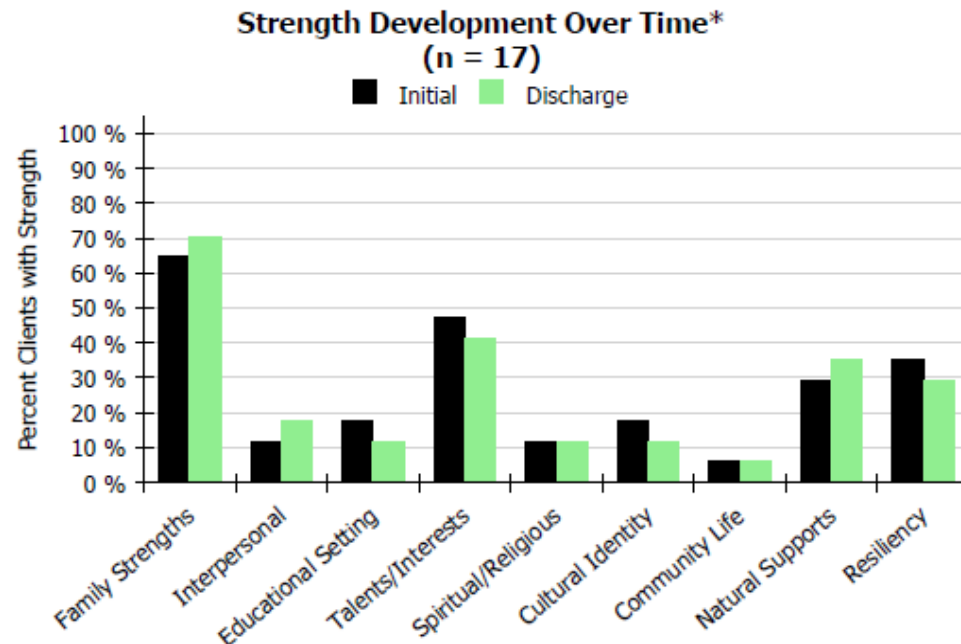
Subunit: 5555

Assessment Time-point 1 Start Date: 7/1/2018

Assessment Time-point 1 End Date: 12/31/2018

Time-point 1: Initial

Time-point 2: Discharge



\* This graphic shows the percentage of clients with a strength ('0' or '1') at Initial and Discharge.

Selection criteria: Clients who completed both a Time-point 1 assessment within the selected time range as well as a Time-point 2 assessment.

## INTERPRETATION

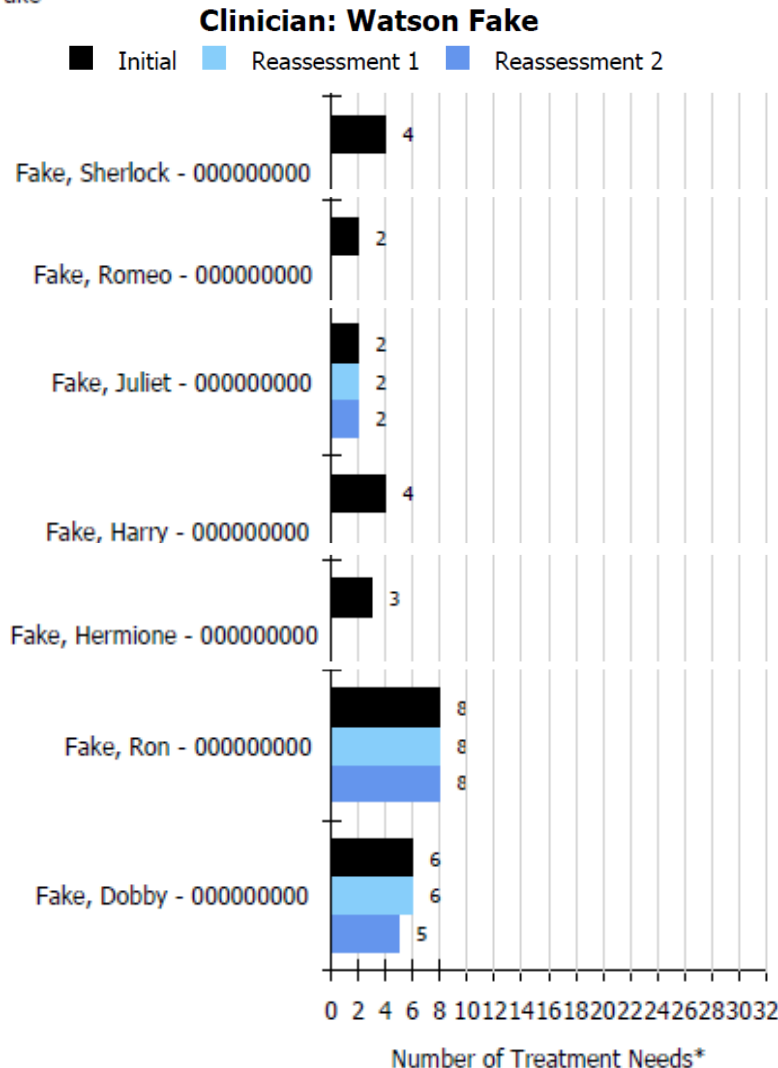
- For clients who had an initial and discharge assessment:
  - At discharge clients had fewer reported strengths in the following areas: Educational Setting, Talents/Interests, Cultural Identity, Resiliency.
  - At discharge more clients reportedly had strengths in the following areas: Family Strengths, Interpersonal, and Natural Supports.

## 5. CASELOAD PROGRESS REPORT – CANS



### Caseload Progress Report

Unit: 9999  
Subunit: 5555  
Clinician: Watson Fake



### REPORT USAGE

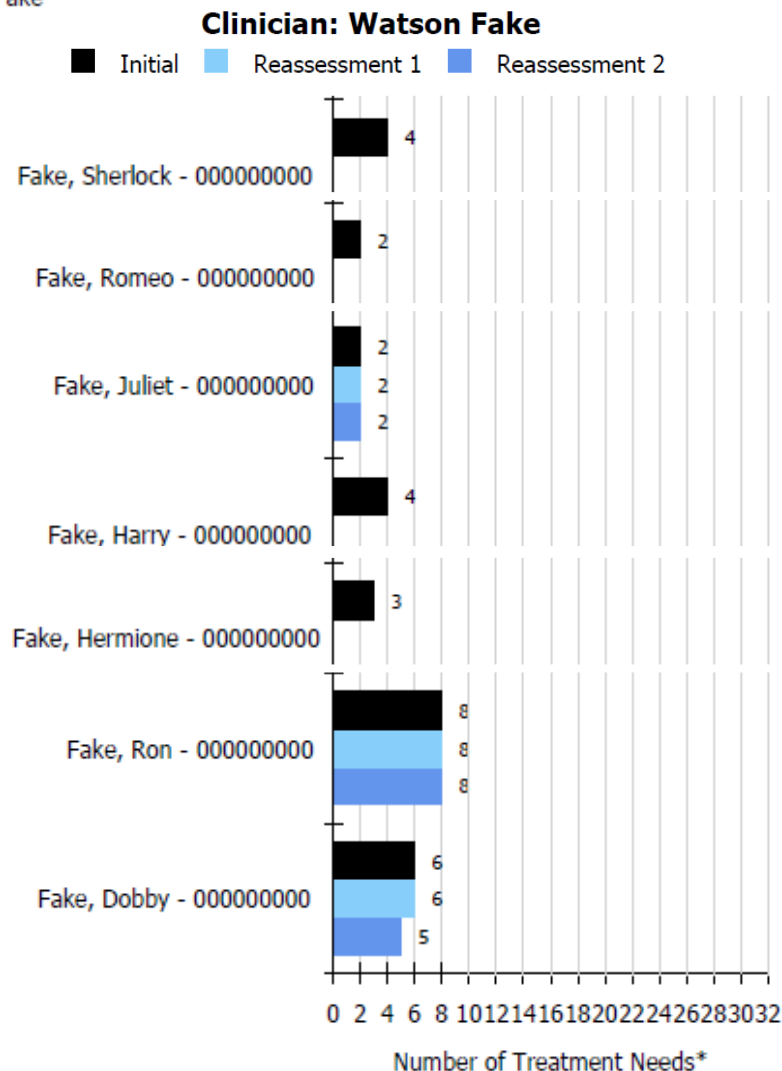
- For each clinician, the chart displays the number of treatment needs (rated as '2' or '3') across all available timepoints on the Behavioral & Emotional Needs, Risk Behaviors, and Life Functioning domains **for each active client.**
- Can evaluate clinical intensity of each client on a clinician's caseload.
- Program managers can assess progress over time for each client on a clinician's caseload.

## 5. CASELOAD PROGRESS REPORT – CANS



### Caseload Progress Report

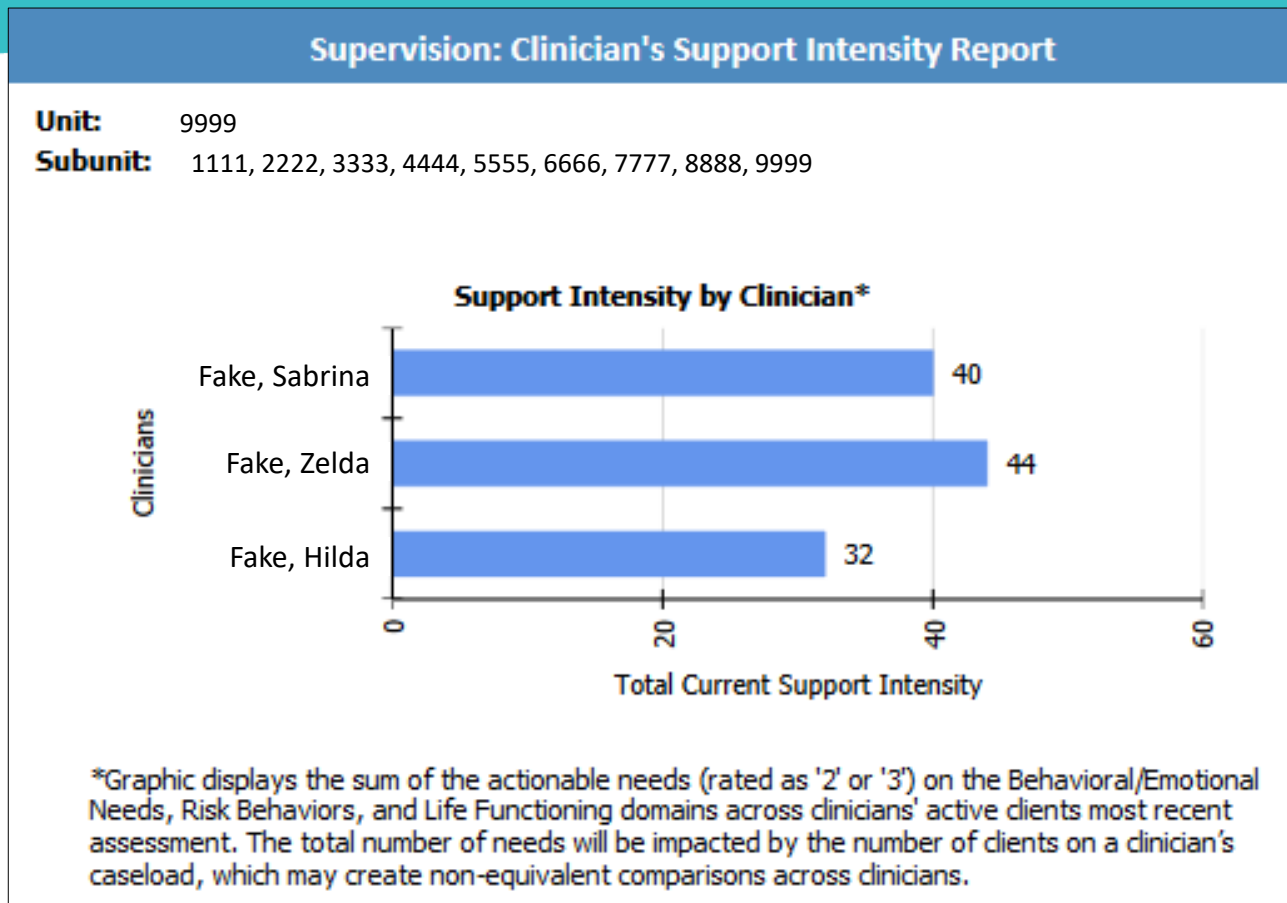
Unit: 9999  
Subunit: 5555  
Clinician: Watson Fake



### INTERPRETATION

- By the second reassessment, the number of total treatment needs (rated as '2' or '3') decreased from 6 to 5 for client Dobby.
- By the second reassessment, the number of total treatment needs remained the same for clients Juliet and Ron.
- Clients Sherlock, Romeo, Harry, and Hermione do not have any reassessments yet.

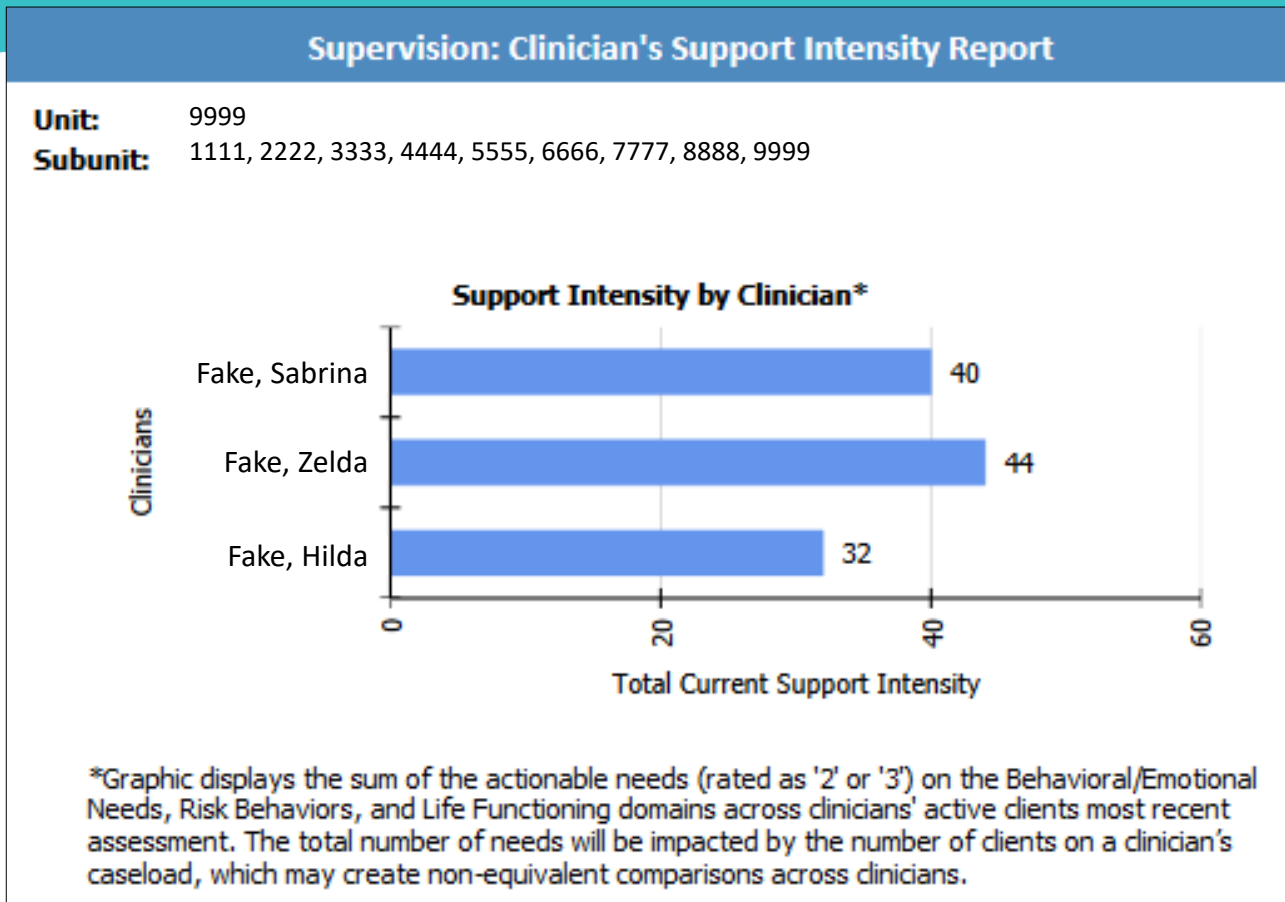
## 6. CLINICIAN SUPPORT INTENSITY – CANS



### REPORT USAGE

- Sum of the “actionable” needs (rated as '2' or '3') from the Behavioral & Emotional Needs, Risk Behaviors, and Life Functioning domains **across all** a clinician's active clients.
- Only examines needs from clients' most recent assessment.
- Program managers can evaluate the intensity of each clinician's workload.

## 6. CLINICIAN SUPPORT INTENSITY – CANS




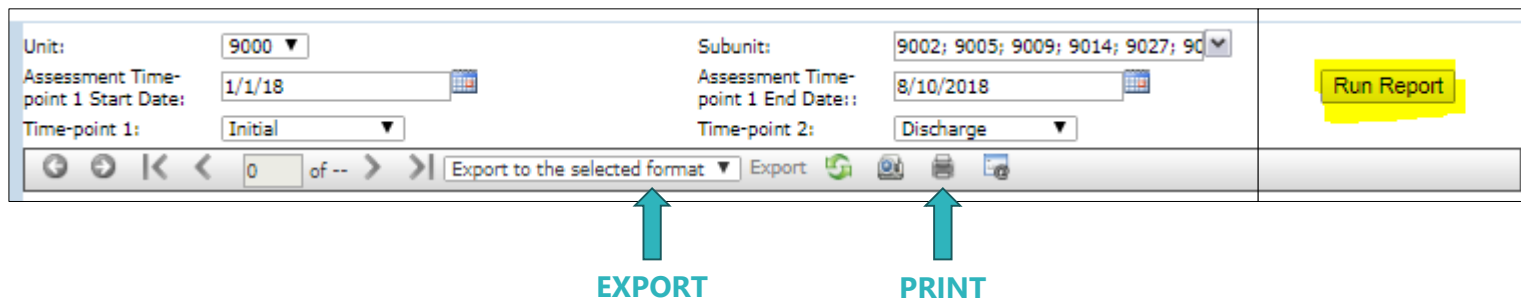
### INTERPRETATION

- Sabrina's active clients have a sum of 40 actionable needs, Zelda's clients have a sum of 44, while Hilda's clients have a sum of 32 actionable needs.
- This suggests that Hilda *may* have greater capacity to add a high need client to her caseload, when comparing across clinicians with a similar caseload capacity.



## INSTRUCTIONS

- Log into CYF mHOMS.
- Click on Reports. 
- Click on the specific 'CANS Report' you need (e.g., Average Impact Progress Report).
- Enter the Unit and Subunit for your program.
- Enter the date range for the specific quarter or time period you are reporting on.
  - Include timepoints and client identifier, if needed.
- Click Run Report. (**Note:** It may take a few minutes for the reports to load.)
  - Optional: Print or Export*



Unit: 9000 Subunit: 9002; 9005; 9009; 9014; 9027; 9030

Assessment Time-point 1 Start Date: 1/1/18 Assessment Time-point 1 End Date: 8/10/2018

Time-point 1: Initial Time-point 2: Discharge

0 of -- Export to the selected format Export

**EXPORT** **PRINT**

- For technical assistance with reports please contact CYF mHOMS Help Desk ([cyfmhoms@ucsd.edu](mailto:cyfmhoms@ucsd.edu)).



# PSC REPORTS

# 1. INDIVIDUAL – CAREGIVER REPORT (PSC-PARENT)



## PSC Parent

**Client ID:** 00000000

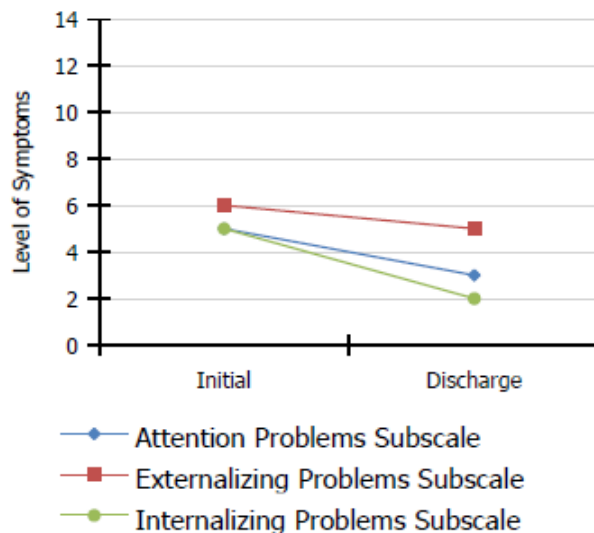
**Unit:** 1234

**Client Name:** Fake, Mister

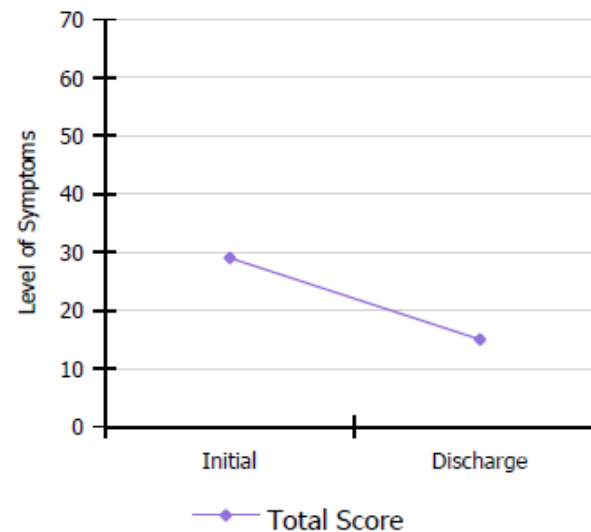
**Subunit:** 1234

**CCBH Intake Date:** 7/10/2018

### PSC Parent Subscales



### PSC Parent Total Scale



	Initial	Reassessment	Discharge
Attention Problems Subscale (0-10) <sup>a</sup>	5		3
Internalizing Problems Subscale (0-10) <sup>b</sup>	5 (AT-RISK)		2
Externalizing Problems Subscale (0-14) <sup>c</sup>	6		5
Total Score (0-70) <sup>d</sup>	29 (IMPAIRED)		15

## REPORT USAGE

- Assesses caregivers' perspective of treatment progress over time.
- Shows all available data for the selected client.
- Can run report for active or discharged clients.
  - Have the at-risk/impairment categories changed?
  - Have subscale scores gone down over time?

# 1. INDIVIDUAL – CAREGIVER REPORT (PSC-PARENT)



## PSC Parent

**Client ID:** 00000000

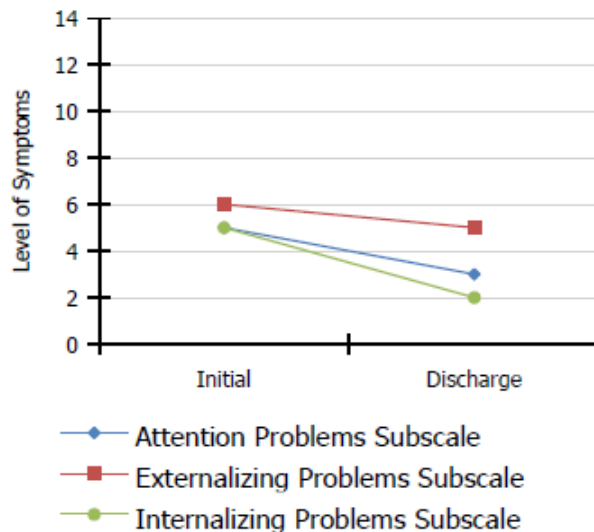
**Unit:** 1234

**Client Name:** Fake, Mister

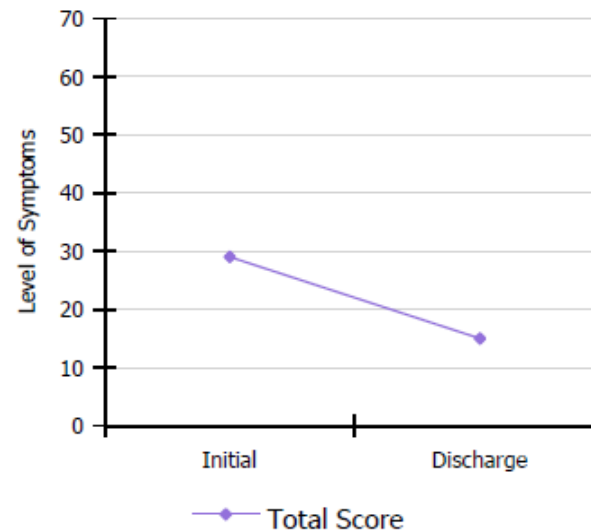
**Subunit:** 1234

**CCBH Intake Date:** 7/10/2018

**PSC Parent Subscales**



**PSC Parent Total Scale**



	Initial	Reassessment	Discharge
Attention Problems Subscale (0-10) <sup>a</sup>	5		3
Internalizing Problems Subscale (0-10) <sup>b</sup>	5 (AT-RISK)		2
Externalizing Problems Subscale (0-14) <sup>c</sup>	6		5
Total Score (0-70) <sup>d</sup>	29 (IMPAIRED)		15

## INTERPRETATION

- For this client across the treatment episode, their caregiver reported the following:
  - Internalizing, externalizing, and attention problems decreased from initial assessment to discharge assessment.
  - Internalizing problems went from the at-risk range on the initial assessment to not at-risk on the discharge assessment.

# 1. INDIVIDUAL – CAREGIVER REPORT (PSC-PARENT)



## CAREGIVER REPORT FOOTNOTE

- The PSC has a detailed footnote to help interpret the results of each subscale.



- a. AT RISK - Children with scores of 7 or higher on this subscale usually have significant impairments in attention.
- b. AT RISK - Children with scores of 5 or higher on this subscale usually have significant impairments with anxiety and/or depression.
- c. AT RISK - Children with scores of 7 or higher on this subscale usually have significant problems with conduct.
- d. IMPAIRED - Children ages 6-18 with scores of 28 or higher and children ages 3-5 with scores of 24 or higher usually have psychological impairment.

## 2. INDIVIDUAL – CLIENT REPORT (PSC-YOUTH)



### PSC Youth

**Client ID:** 000000000

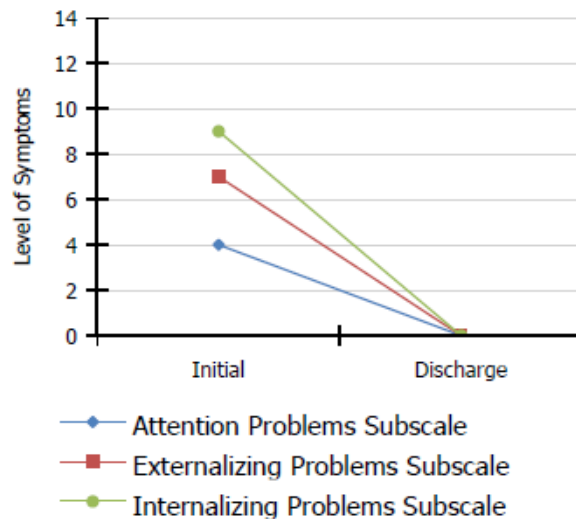
**Client Name:** Fake, Mister

**CCBH Intake Date:** 7/10/2018

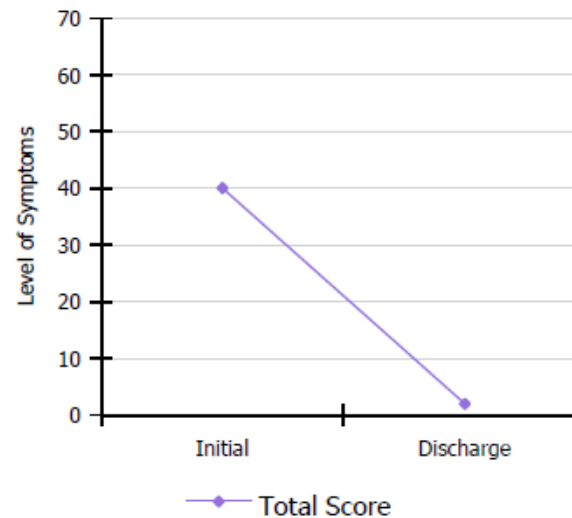
**Unit:** 1234

**Subunit:** 1234

**PSC Youth Subscales**



**PSC Youth Total Scale**



	Initial	Reassessment	Discharge
Attention Problems Subscale (0-10) <sup>a</sup>	4		0
Internalizing Problems Subscale (0-10) <sup>b</sup>	9 (AT-RISK)		0
Externalizing Problems Subscale (0-14) <sup>c</sup>	7 (AT-RISK)		0
Total Score (0-70) <sup>d</sup>	40 (IMPAIRED)		2

## REPORT USAGE

- Same format as the PSC parent, but this report represents the youth's perspective (ages 11-18).

### 3. AGGREGATED PROGRAM-LEVEL REPORT – PSC



#### PSC Parent\*

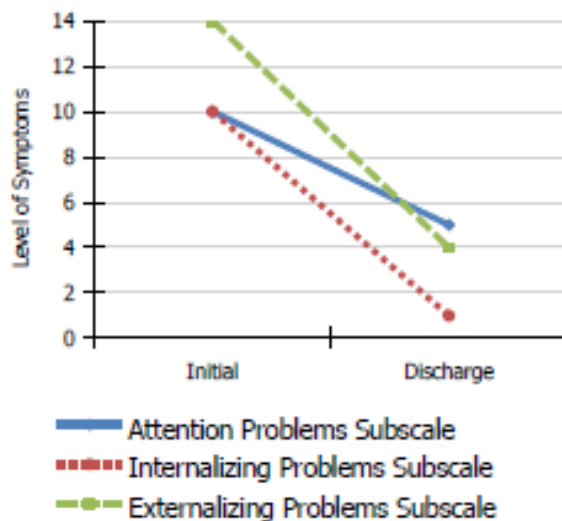
**Unit:** 8290

**Subunits:** 8291

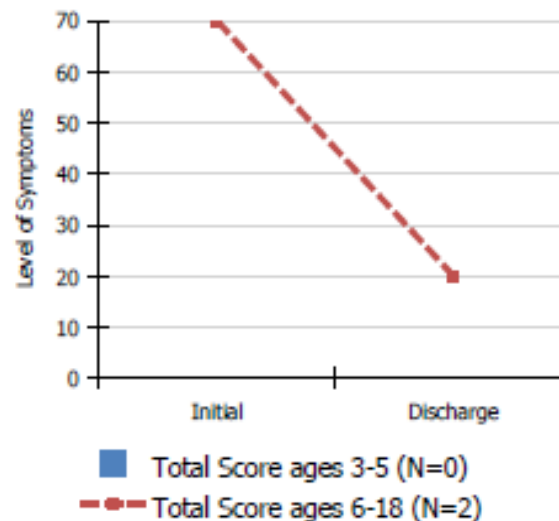
First CCBH Discharge Date: 1/1/2018

Last CCBH Discharge Date: 12/31/2018

**PSC Parent Subscales**



**PSC Parent Total Scale**



	Initial (N = 2)	Discharge (N = 2)
Attention Problems Subscale (0-10) <sup>a</sup>	10.0 (AT-RISK)	5.0
Internalizing Problems Subscale (0-10) <sup>b</sup>	10.0 (AT-RISK)	1.0
Externalizing Problems Subscale (0-14) <sup>c</sup>	14.0 (AT-RISK)	4.0
Total Score for children ages 3-5 (0-70) <sup>d</sup>		
Total Score for children ages 6-18 (0-70) <sup>d</sup>	70.0 (IMPAIRED)	20.0

#### REPORT USAGE

- Aggregate program-level reports can be generated for PSC-Caregiver and PSC-Youth measures.
- Report only includes discharged clients who had initial and discharge scores on the PSC.
- Enables program managers to track overall treatment progress within a program.

### 3. AGGREGATED PROGRAM-LEVEL REPORT – PSC



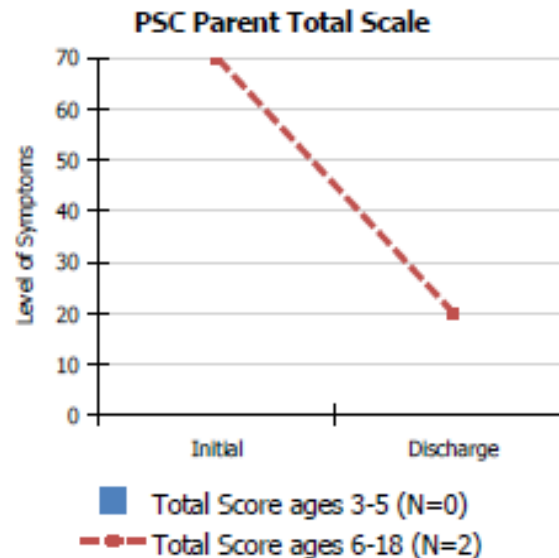
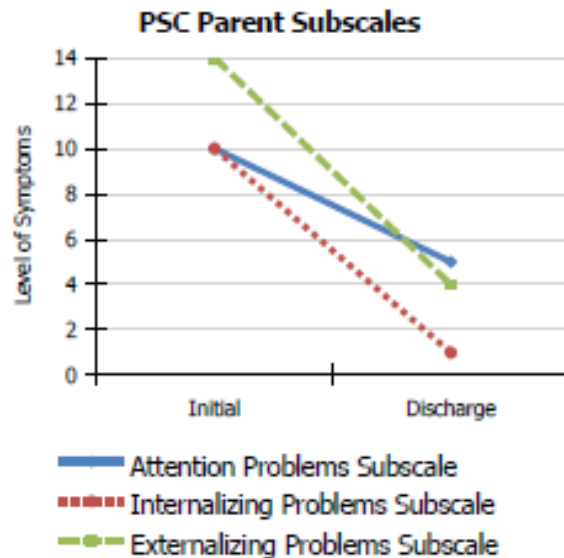
#### PSC Parent\*

**Unit:** 8290

**Subunits:** 8291

First CCBH Discharge Date: 1/1/2018

Last CCBH Discharge Date: 12/31/2018



	Initial (N = 2)	Discharge (N = 2)
Attention Problems Subscale (0-10) <sup>a</sup>	10.0 (AT-RISK)	5.0
Internalizing Problems Subscale (0-10) <sup>b</sup>	10.0 (AT-RISK)	1.0
Externalizing Problems Subscale (0-14) <sup>c</sup>	14.0 (AT-RISK)	4.0
Total Score for children ages 3-5 (0-70) <sup>d</sup>		
Total Score for children ages 6-18 (0-70) <sup>d</sup>	70.0 (IMPAIRED)	20.0

#### INTERPRETATION

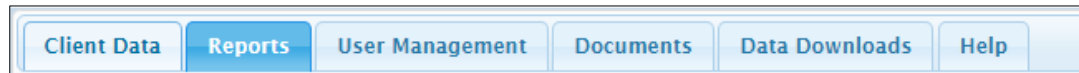
- On average, caregivers reported reductions in their children's attention, internalizing, and externalizing problems.
- Based on the caregiver reports, average PSC scores went from the at-risk range on their initial assessment to the normative range on their discharge assessment.



## INSTRUCTIONS

- Log into CYF mHOMS.

- Click on Reports.



- Click on the specific 'PSC Report' you need (e.g., PSC-P Aggregate Graph).

- For Individual PSC Reports: Select the unit, subunit, and client.

Unit:	9000 ▼	Subunit:	9002 ▼	Run Report
Client:	Client1, Test - 9000000001 ▼			
◀ ▶ ⏪ ⏩ 0 of -- >   Export to the selected format ▼ Export ↻ 🖨️ 📧				

↑  
**EXPORT**

↑  
**PRINT**

- For Aggregate PSC Reports: Select the unit, subunit, first and last CCBH discharge dates.

Unit:	9000 ▼	Subunit:	9002; 9005; 9009; 9014; 9027; 9031 ▼	Run Report
First CCBH Discharge Date:	1/1/2018 📅	Last CCBH Discharge Date:	6/30/2018 📅	
◀ ▶ ⏪ ⏩ 0 of -- >   Export to the selected format ▼ Export ↻ 🖨️ 📧				

- Click Run Report. (**Note:** It may take a few minutes for the reports to load.)

- Optional: Print or Export

- For technical assistance with reports please contact CYF mHOMS Help Desk ([cyfmhoms@ucsd.edu](mailto:cyfmhoms@ucsd.edu)).

# CANS AND PSC CYF MHOMS REPORTS TRAINING



## Who should attend:

- Administrative Data Entry Staff
- Program Managers (Optional)

## What will be covered?

- Parameters needed to run reports
- Discussion of possible workflow for accessing the reports

## When:

- February 22<sup>nd</sup> AND February 27<sup>th</sup>, 2019 (10am – 11:30am)

## How to Register:

Contact Antonia Nuñez: [Antonia@ucsd.edu](mailto:Antonia@ucsd.edu)



## RESOURCES

- Please contact CYF mHOMS Help Desk ([cyfmhoms@ucsd.edu](mailto:cyfmhoms@ucsd.edu)) if you have any questions about reading your CYF mHOMS graphs or other technical issues.
  
- For additional information about using the PSC clinically, please refer to the developer's website or this helpful PowerPoint overview:
  - <https://www.massgeneral.org/psychiatry/services/treatmentprograms.aspx?id=2088>
  - [https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Documents/Clinical%20Utility%20PSC 7.2018.pdf](https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Documents/Clinical%20Utility%20PSC%207.2018.pdf)
  
- For additional information about the CANS, please stay tuned for additional BHETA webinars or visit the Praed Foundation's website:
  - <http://praedfoundation.org/tools/the-child-and-adolescent-needs-and-strengths-cans/>